

Say It and Move It

Focus Area: Phonemic Awareness

Timing: 5-10 minutes

Materials:

- Say It and Move It card for each student
- Set of counters for each student
- List of appropriate words for teacher

Procedure:

- Students place their counters above the solid line on their card.
- Teacher says a word with two or three phonemes (such as the word *sip*)
- Students repeat the word.
- Students segment the word into phonemes by saying the word slowly and moving a counter for each sound that they say. They move the counters down to the arrow as a guide for placement. The first counter goes on the dot.
- After all the counters are in place, students repeat the word while sliding their fingers below the counters in a left-to-right sequence.
- Continue using this procedure with other words.

Variations:

- Substitute letters for counters (this is no longer a phonemic awareness activity, but a phonics activity).
- Begin by mixing only one letter with the blank counters. Students place the letter in the position where they hear that sound. For example, the letter “a” and two blank counters are used to segment and blend these words: at, fat, as, sat, map, am.
- Additional letters are added as other letter-sound correspondences are learned.



Adapted from Blachman, B. A., Ball, E. W., Black, R. & Tangel, D. M. (2000). *Road to the code: A phonological awareness program for young children*. Baltimore: Brookes.

Say It and Move It Card



Word Lists for Sound Segmentation Activities

2-3 sound words beginning with continuous sounds

2 phoneme words	at	me	in	it
	on	no	so	
3 phoneme words	sit	nap	nip	sat
	lap	lid	fat	fog
	fig	sag	mop	map
	mat	leg	net	set
	rub	rig	rib	lot
	not	let	net	rug
	rag	vet	zip	ran
	man	fan	win	sun
	fun	fin	sip	sad
3 phoneme words – beginning with a consonant digraph	ship	shot	thin	
3 phoneme words – ending with a consonant digraph	sock	miss	mitt	
3 phoneme words – long vowels	make	save	same	fame
	mice	nice	line	rope
	mean	rice	face	late
	soap	fake		
3- phoneme words – beginning digraph and long vowels	shave	shake		

Word Lists for Sound Segmentation Activities

3 phoneme words – beginning with stop sounds

3 phoneme words, beginning with stop sounds	kid	kit	bag	big
	got	tan	ten	cup
	pin	top	cat	tap
	pit	pat	tip	tin
	cap	pot	dot	pal
3 phoneme words beginning with a stop digraph	whip	chip	chop	chin
	chat	chill	kiss	tell
3 phoneme words- with long vowels	game	cape	time	kite

Word Lists for Sound Segmentation Activities

4 phoneme words – beginning with continuous sounds

4 phoneme words, continuous blends in the beginning	flop	slip	sled	frog
	flag	nest	stick	spin
	snap	flat	slam	swam
	slick	slim	stem	step
4 phoneme words – beginning continuous sound blends in the final position	mask	fast	last	rust
	rest	west	fact	lamp
	ramp	land	sand	lift
	milk	silk	limp	mint
	fist	list	mist	must
	sent	went	wept	vest
	left	felt	melt	send

4 phoneme words – beginning with stop sounds

4 phoneme words, beginning with stop sounds; blends in the initial position	plum	clam	plan	grab
	glad	clap	plan	crib
	club	plug		
4 phoneme words, beginning with stop sounds; blends in the final position	past	test	best	camp
	hint	disk	bump	dump
	jump	pump	dust	just
	pest	kept		